## The Secret of Contentment

Philippians 4:11-12

Introduction: The secret of contentment is one well worth knowing. The Greek word "autakeia" means to be entirely self-sufficient. The general idea is to be free from outside circumstances. The Apostle Paul personified the definition.

## I. Contentment Viewed Positively and Negatively

A. Don't be content in:

Living in sin, Romans 6:1-2 Doing nothing for the cause of Christ, Titus 2:14 Yourself, Philippians 3:12-14

B. Positively, in the life of Paul
Live in prosperity and remain faithful to God
Live without a love for

Money, 1 Timothy 6:6-10 Youth, growing old gracefully, Ecclesiastes 12 Physical health, 2 Corinthians 12:7-10 Praise of others, Matthew 6:1 Having your own way

## II. Becoming Content In Life

- A. Three evidences of discontentment Murmuring, complaining, 1 Corinthians 10:10 Anxiety, Philippians 4:6 Fear, Philippians 4:7 Romans 8:31-39
- B. Three Basic Elements of the Secret of Contentment A realization that earthly things don't last, Eccl 1:8 Confidence in the providence of God, Hebrews 11:6 The presence of God in life, 2 John 9
- C. How Paul learned Contentment Not by accident

Contentment is the byproduct of

Discipline Hebrews 12:11

Trust, 2 Timothy 1:12

The veracity of God's promises, Philippians 4